



September 29, 2020

The North Central District Health Department (NCDHD) in collaboration with **Creighton Public Schools** is writing to inform you there is a confirmed positive case of COVID-19 in the school. Your child was not identified as being a close contact and is considered a low risk at this time. NCDHD does recommend that you follow the guidelines listed below:

Mask wearing should be emphasized while in the school building and while at activities.

COVID-19 is a contagious virus and spreads through respiratory droplets produced when an infected person coughs, sneezes or talks. Symptoms may appear 2-14 days after exposure to the virus.

Monitor for symptoms. Twice per day check your child's temperature. Watch for other COVID-19 symptoms that can include: fever, chills, cough, shortness of breath, headache, sore throat, fatigue, loss of taste & smell, diarrhea, and a runny nose. Should your child develop or currently have any COVID-19 symptoms, please stay home and contact your healthcare provider.

Encourage them to clean their hands often – Your child should wash their hands with soap and water for at least 20 seconds or use an alcohol-based hand sanitizer that contains at least 60% alcohol.

Cover their coughs and sneezes – Encourage your child to cover their mouth and nose with a tissue when you cough or sneeze. Throw used tissues in a lined trash can and then encourage them to clean their hands.

As a reminder, the health department recommends everyone should be wearing face coverings, self-screening and monitoring for symptoms while in the community or at school

Additional information about COVID-19 is available at: www.ncdhd.ne.gov & www.cdc.gov/coronavirus/2019-ncov/